

Student Name: Chloe Klaus
Clinical Instructor: Mrs. Wingate

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. Respiratory Therapy
 - b. Physician
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
 - a. Yes, there were several abnormal values some of which were the WBC= 13,000 and ABG's of pH: 7.30, PaCo2: 54, and HCO3: 19, SaO2: 88%. These values are important because the elevated WBC's indicate infection and the ABG's can point to metabolic acidosis.
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. Yes, Radiology reported hyperinflation of bilateral lung fields and a flattened diaphragm, changes in characteristics of atelectasis in bilateral bases, and an abnormal area of density present in the left lung base suspicious of pneumonia. These findings can indicate worsening lung conditions, due to lack of alveoli expansion.
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. Risk factors to medication- allergy to acetaminophen
 - b. Dietary habits- fighting against infection, skin integrity, functioning of organs
 - c. Meter dose inhaler education- knowing how to properly use this medication allow the alveoli to receive the dose and be able to diffuse O2 and CO2.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Ensuring the patient receives their 10 rights: right medication, right time, right dose.
 - b. The nurse stopped the pump immediately when told the infusion felt irritating.
 - c. The patients bed remained at the lowest position at all time.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If yes, describe:

Yes, the nurse used very good non-verbal communication techniques like maintaining eye contact and good body language. She also was very polite and willing to listen to the patient.

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate **(circle, star, highlight)** the components of your preconference form that you saw applied to the care of this virtual patient.
 - Chest X-ray, Oxygen Therapy, CBC's, ABG's, inflation of the lungs, atelectasis, cough, dyspneic, smoking hx

- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
- If **yes**, write it here: **Impaired Gas Exchange**
 - If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
- Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - Were there interventions you included that *were not* used in the scenario that could help this patient?
 - If **yes**, describe: **Auscultating the lungs and breathe sounds, IS, cough and deep breathing**
 - If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Yes- allergic reaction to the ceftriaxone**
- How did that impact the nursing care delivered?
 - The patient was unable to receive his dose of antibiotics which could help find against the bacterial infection he has.**
 - What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - Write it here: **Risk for infection or risk for allergic reaction**

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

There are many components to take into account for when caring for a patient and things can go wrong at any point. Especially with a COPD pt. every system in the body is affected by this disease and can have a change for the worst at any point- it is important to regularly check on labs, diagnostics, and your pt. status to catch things before they go astray.