

Student Name:
Clinical Instructor:

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. **_Nurse Allyson_____**
 - b. **__Nurse Jessica_____**
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
 - a. **_ABG values: pH 7.30, PaCO₂ 54, HCO₃ 19, this is concerning because the client has COPD, so a baseline of their oxygenation and gas exchange helps evaluate their current respiratory status. It could indicate respiratory failure.**
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. **On 8/01 the X-ray showed hyperinflation of B/L lung fields and flattened diaphragm could indicate atelectasis in BL bases. Abnormal area of density was present in the left lung base which could indicate pneumonia. On 8/02 there was Extensive left-sided pleural effusion notes in the lower lung field.**
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. **__The use of the incentive spirometer to encourage the expansion of the chest to help with ventilation._____**
 - b. **__The nurse discussed the patients dietary habits and how he could make healthier choices. This is important because the lab results indicated protein deficiency as evidenced by the Pre-Albumin level. __**
 - c. **__Explained why there was a reaction to the antibiotic that was prescribed and included the finding in the patients record. This important to the care of this patient to prevent allergic reactions in the future._____**
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. **__Confirmed the patients name and DOB with the wristband_____**
 - b. **__Immediately discontinuing the IV medication when the patient was experiencing an allergic reaction._____**
 - c. **__The team applied pressure and properly managed Mr. Gomez' wound when he injured his arm_____**
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If yes, describe: **_The medical team effectively utilized therapeutic communication techniques by actively listening to the concerns of the clients daughter and allowing them to express their emotions, as well as the use of silenc**
 - e. _____
 - b. If no, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired gas exchange
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: Educating the client on breathing techniques such as the diaphragmatic breathing and pursed lip breathing to help with ventilation.
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Administering the prescribed antibiotic, Ceftriaxone, for his pneumonia
 - a. How did that impact the nursing care delivered? When the patient started having an allergic reaction to the medication, the nurse immediately stopped the infusion and assessed the patients breathing and airway, as well as his vital signs. His diminished breath sounds and complaints of chest pain alerted the RT to request for another x-ray, once the Doctor reviewed the Xray, they found a pleural effusion that needed a thoracentesis.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: Difficulty coping

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: Frequently monitoring the patients breath sounds and respiratory status could allow for early detection of worsening symptoms. This allowed the team to shift their care for the patient.