

## Nursing Problem Worksheet

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Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prework) What will you do if your assessment is abnormal?
<p><b>Problem:</b> Impaired Gas Exchange.</p> <p><b>Reasoning:</b> COPD causes airway inflammation which causes damage to the airway/alveoli leading to issues with proper inhalation and exhalation.</p> <p><b>Goal:</b> Patient will use incentive spirometer 10 times qhr during my time of care.</p> <p><b>Goal:</b> SpO2 will always stay above an 88% during my time of care.</p>	Auscultate lung sounds along with depth, effort, and number of respirations q2hrs.	Raise HOB to high Fowler's position and provide table for patient to be in tripod position prn.
	Assess for s/sx's of hypoxia q2hrs.	Administer supplemental oxygen therapy through nasal canula prn.
	Continuously monitor patients' pulse oximetry percentage.	Encourage cough/deep breathing and the use of the incentive spirometer 10 qhr to increase SpO2 reading.

Anticipated Patient Problem  and  Goals	Relevant Assessments  (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention  (Prework) What will you do if your assessment is abnormal?
<p><b>Problem:</b> Body Weight Problem (weight loss)</p> <p><b>Reasoning:</b> COPD causes extreme fatigue which decreases frequency of meals leading to extreme weight loss. Trouble breathing also makes patient less likely to be able to properly eat.</p> <p><b>Goal:</b> Patient will eat more than one meal a day during my time of care.</p> <p><b>Goal:</b> Patient will have a liquid intake of 2.5 or more L/day.</p>	Assess food and liquid intake q mealtime.	Provide smaller and more frequent meals/snacks prn to promote eating. Also encourage liquid intake to decrease viscosity of sputum.
	Assess patient's prior knowledge on the importance of proper eating and nutrition q shift.	Provide patient with nutrition/dietician resources and counseling.
	Assess patient's ability to swallow safely using a sip test q4 hrs.	Speak with physician about alternative routes for nutrition that can be used due to inability to swallow.