

ATI Real Life COPD Virtual Clinical Reflection Questions

1) Identify two members of the healthcare team collaborating in the care of this patient:

a. Primary RN

2) **B. Respiratory Therapist**

3) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.

A. CBC count is abnormal. My patients RBC was 4.8 million, hemoglobin was 9.3, hematocrit was 29%, and WBC being 13,000. There hemoglobin may be low because a lot of COPD patients have an iron deficiency. He was not getting enough oxygen which can also be the cause of some of these levels.

Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?

My patient had notable hyperinflation of bilateral lung fields and flattened diaphragm. Changes of atelectasis in bilateral bases and an abnormal area of density present in the left lung base. This finding can indicate pneumonia which is concerning for this patient.

4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?

a. Nurse taught how medication would work and to ring call bell if

b. Taught pt. about the IS and importance to use it

c. Nurse taught about his dietary concerns

Identify three ways that the nursing team demonstrated the promotion of patient safety?

d. Made sure pt. was aware of allergy so this doesn't happen again

e. Made sure to tell pt. what was going to be happening before each procedure to ensure he was comfortable and safe

f. Gave discharge instructions for when he gets home to make sure he gives his meds safely

Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?

d. If yes, describe I feel like the nurse and medical team did a good job including everyone in their therapeutic communication. The nurse made sure to include the family in the discharge planning, so they are able to help him when he gets home. The nurse did a good job of maintaining eye contact and never was rushed when she went into the room. She listened to the patient and made she to hear out all of his needs.

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: **Impaired Gas Exchange was a priority**
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe I talked about in my assessments that we are watching the pulse ox to make sure it does not go below 88% and I am glad it was checked because I found out they were on oxygen and I was not aware of that before. Also, auscultating the lung sounds helped to realize that there was fluid in the lungs, so that is also a really good assessment.
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? **Yes**
 - a. How did that impact the nursing care delivered? **The nurse had to stop infusion because of allergic reaction**
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: **Impaired Skin Integrity, due to cut and irritation.**

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice:

I feel like my biggest take away from this experience is that what you think is going to happen with your patient does not always go to plan. For example, we knew that this patient had COPD, but we did not know it was going to turn into fluid in the lungs potentially causing pneumonia. I feel like as a nurse you always have to be able to pivot and I feel like now I understand that your day is not always going to go as plan and you are just going to need to be okay with that.