

### Nursing Problem Worksheet

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<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>	<b>Multidisciplinary Team Intervention</b>
<p>Problem: Impaired gas exchange</p> <p>Reasoning: Due to decreased Spo2 levels (89%)</p> <p>Goal: By the end of my care the client will be within 90-100% on no more than 2L nc</p> <p>Goal: PT respirations will be maintained during my time of care.</p>	(Prework) What assessments pertain to your patient's problem? Include frequencies	(Prework) What will you do if your assessment is abnormal?
	Monitor Spo2 Q4 PRN	Maintain 2 L nasal canula
	Auscultate breath sounds Q4 PRN	Encourage frequent resting periods
	Assess for labored breathing Q4 PRN	Instruct usage of incentive spirometer 10 times per hour
	Monitor SOB Q2-4 PRN	Maintain 2L nasal canula
Monitor for tachycardia Q4 PRN	Position client in high-fowler's position (60-90 degrees)	

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>	<b>Multidisciplinary Team Intervention</b>
<p>Problem: Impaired skin integrity</p> <p>Reasoning: Non-intact skin on lower extremities ( non-pitting edema and erythema)</p> <p>Goal: Pt will not develop pressure wounds by the end of my time of care.</p> <p>Goal: By the end of my time of care pt skin integrity will not progress.</p>	(Prework) What assessments pertain to your patient's problem? Include frequencies	(Prework) What will you do if your assessment is abnormal?
	Assess for pressure ulcers Q2 PRN	Turn Q2 hr
	Assess I's and O's Q4 PRN	Provide fluids to maintain hydration
	Assess skin integrity Q4 PRN	Maintain skin turgor (elasticity and edema)
	Assess skin integrity Q4 PRN	Apply aquecel to prevent skin breakdown
Assess bony prominences Q4 PRN	Apply pressure ulcer patch	

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