

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) **Identify two members of the healthcare team collaborating in the care of this patient:**
 - a. RN
 - b. RT
- 2) **Did your patient have any abnormal blood work (lab)? If so, *select a priority finding and discuss why that value is concerning.***
 - a. WBC of 13000 which indicates an infection
- 3) **Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?**
 - a. CXR: pleura effusion (increased fluid in pleura cavity) which can occur with COPD patients as well as pneumonia.
- 4) **What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?**
 - a. Healthy diet to help healing as well as preventing other complications
 - b. Use of a metered dose inhaler to ensure proper use of medication
 - c. Use of IS to help promote lung expansion
- 5) **Identify three ways that the nursing team demonstrated the promotion of patient safety?**
 - a. Verifying name & DOB
 - b. Proper hand hygiene & use of gloves
 - c. Using the medication rights before med admin
- 6) **Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?**
 - a. If **yes**, describe: The team used a collaborated well and had good use of therapeutic communication with each other & with Hector & his daughter.
 - b. If **no**, describe:

Reflection

- 1) Go back to your Preconference Form:
 - a. **Indicate (circle, star, highlight) the components of your preconference form that you saw applied to the care of this virtual patient.**
- 2) **Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?**
 - a. If **yes**, write it here: Impaired gas exchange
 - b. If **no**, write what you now understand the priority nursing problem to be:
- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. **Were there interventions you included that *were not* used in the scenario that could help this patient?**
 - i. If **yes**, describe:

They frequently assessed Hector's vitals, as well as monitoring his respiratory status

- ii. If **no**, describe: They did not utilize position changes such as fowlers or orthopneic positions.
- c. **Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here?** Yes, he had an allergic reaction to the antibiotic and some emotional distress as well as encountering a wound.
- d. **How did that impact the nursing care delivered?** This impacted how we gave care because we had to address his emotional needs. As well stopping the prescribed antibiotics. Helping facilitate Hector & his daughter good communication. The team also had to educate Hector on nutrition & use of medications.
- e. **What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)**
 - i. Write it here: Maladaptive coping

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: My biggest takeaway from this simulation clinical was that you have to take a holistic care approach. Hector had many factors such as grief that were causing his to engage in some harmful behaviors for his health. We always need to take the whole person and their situation into consideration when caring for the client. If we treat the person and not just the disease we will see better outcomes & improved conditions. It is a simple thing but can be overlooked when you are in a hospital setting and have so many tasks to complete. Every client deserves a holistic care approach tailored to their needs to help be successful with their recovery.