

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Impaired gas exchange</p> <p>Reasoning: low SpO₂, dyspnea, adventitious breath sounds, pneumonia</p> <p>Goal: Maintain SpO₂ > 92% during time of care</p> <p>Goal: Use the incentive spirometer 10 times an hour during time of care</p>	Monitor vitals especially SpO ₂ (should be between 90-100%) Q4 & PRN	Alert instructor and primary nurse, assist patient into orthopneic or high fowlers position apply O ₂ as ordered
	Assess respiratory status Q2-4 hrs & PRN	Report findings to instructor & primary nurse
	Auscultate lung sounds Q4 hrs	Report any adventitious, diminished, or changes in breath sounds to instructor & primary nurse

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for falls Reasoning: Low SpO2, decreased blood flow, use of oxygen tubing, multiple diagnoses, high Morse fall risk scale, decreased physical activity, increased BP & HR Goal: Patient will have no fall during time of care Goal: verbalize understanding of fall risk precautions and demonstrate proper use of call bell	Assess morse fall risk scale every shift & PRN	Document finding, communicate with team members, use the appropriate precautions based on Beebe fall risk protocol
	Assess and ensure that the room is safe Q4 & anytime I am in the room	Place nonskid socks on the patient, have call bell & personal items within reach, lock all wheels, 3 side rails are up, bed in lowest position
	Assess understanding of call bell & how to use it every time I am in the room	Educate on how & when to use the call bell, have patient demonstrate how to use it, remind them to call & wait before getting OOB