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ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. ___Respiratory Therapist___
 - b. ___The Nurse___

 - 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
 - a. ___There were a few but the ABG's came back abnormal which would be the priority finding now because of the patient's breathing. Breathing is more important to assess and intervene at the moment than the high white blood count that could indicate infection. ___

 - 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. _The chest x-ray showed hyperinflation of the bilateral lung fields, flattened diaphragm, abnormal density in left lung base which could indicate pneumonia, and characteristic of atelectasis in bilateral bases. ___

 - 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. The use of the incentive spirometer is important in order to keep the lungs ventilating and exercising the lung tissues.
 - b. The use of an inhaler upon discharge to ensure the patient uses the inhaler appropriately to create a maximum effect.
 - c. Medication side effects and what to report in case of allergic reaction, which the patient did experience a possible start of allergic reaction with itching.

 - 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. Name and date of birth confirmation every time something was done in the patient's room.
 - b. Let the patient know what they were doing at all times.
 - c. Made sure the patient gave informed consent on the procedures they did and educated on the procedures also.

 - 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe:
The nurse was very understanding and always willing to talk to the patient's daughter. Even during discharge, the nurse made sure she talked to and addressed the patient and the daughter to promote education and comfort.
 - b. If **no**, describe:

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Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.

- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired Gas Exchange
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe: __I don't remember seeing the nurse encouraging deep breathing and showing the patient how to splint when coughing to decrease discomfort. _____
 - ii. If **no**, describe:

- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes
 - a. How did that impact the nursing care delivered? ___The care delivered was much more on a rushed basis. Many times, respiratory status had to be readdressed upon an abnormal finding and a few procedures had to be done in order to help the diagnosis. _____
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: _Risk for Bleeding_

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: ___My biggest take away would be that anything can change at any time, and it is important to be able to act fast when it is needed. Especially when it comes to respiratory diagnosis's, things can change very quickly. This simulation made me realize just how quickly a status can change and what I need to do in that time. It made me more aware of the adrenaline that most nurses probably feel when things change quickly. _____

