

Student Name:
Clinical Instructor:

ATI Real Life COPD Virtual Clinical Reflection Questions

- 1) Identify two members of the healthcare team collaborating in the care of this patient:
 - a. Allyson RN
 - b. Dr. simpson
- 2) Did your patient have any abnormal blood work (lab)? If so, *select a priority finding* and discuss why that value is concerning.
 - a. pH 7.30 and PaCO₂ 54, these are both concerning because it means that he is at the stage of respiratory acidosis.
- 3) Did your patient have any abnormal clinical diagnostic tests? If so, what were they and what was the abnormal finding? What can that indicate?
 - a. He had an abnormal CXR that showed hyperinflation of bilateral lung fields, a flattened diaphragm. Changes characteristics of atelectasis in bilateral bases and abnormal area of density in the left lung base. These are all indications of worsening COPD as well as pneumonia.
- 4) What were some of the teaching topics covered in the scenario? Why were they important to the care of this patient?
 - a. The RN taught him and his daughter how to use his inhalers at home and the importance of holding your breath and taking a deep breath in when inhaling. This is important for the patient because he may not know why he needs to take deep breaths to get the medications to the bases of his lungs.
 - b. The primary RN taught him how to use the call light and to wait to get up before administering his IV antibiotics. This is to avoid falls and ensure the patient understands before the medication is given.
 - c. The RN taught the patient the importance of alerting her if anything was wrong with his IV site before giving the medication. This is to avoid allergic reactions which they did, as well as avoid infiltration or any other issues with the IV medication.
- 5) Identify three ways that the nursing team demonstrated the promotion of patient safety?
 - a. They used the call bell for help when the patient was unresponsive instead of leaving the room
 - b. They ensured to teach him about the risks and safety for his IV med and what to report once they started it
 - c. They ensured to teach him about fall risk safety such as using the call light etc.
- 6) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
 - a. If **yes**, describe: The RN used thereapeutic techniques with the patient and the daughter when she was voicing her concerns about her dad and his condition physically and mentally.

Reflection

- 1) Go back to your Preconference Form:
 - a. Indicate (**circle, star, highlight**) the components of your preconference form that you saw applied to the care of this virtual patient.
- 2) Review your Nursing Problem Worksheet: Did you select a correct priority nursing problem?
 - a. If **yes**, write it here: Impaired gas exchange
 - b. If **no**, write what you now understand the priority nursing problem to be:

- 3) Review your Nursing Problem Worksheet: Did you see many of your anticipated nursing assessments and interventions used?
 - a. Indicate (**circle, star, highlight**) the ones you saw utilized during the scenario.
 - b. Were there interventions you included that *were not* used in the scenario that could help this patient?
 - i. If **yes**, describe:

 - ii. If **no**, describe: All of the interventions that I had said for impaired gas exchange were used by the RN in the scenario.
- 4) Often patient care will take a different direction than we anticipated at the beginning of our shift. Did that happen here? Yes it did, the patient ended up worse and needing a thoracentesis and a chest tube
 - a. How did that impact the nursing care delivered? It made it so that the RN had to provide more teaching to the patient and the family about these procedures as well as provide instructions and emotional care.
 - b. What new, additional priority nursing problem (diagnosis) did you identify? (Refer to your NANDA list)
 - i. Write it here: maladaptive grieving due to lack of coping with wife's passing and using drinking and smoking to cope

What was your biggest “take-away” from participating in the care of this patient? How did this impact your nursing practice: The biggest takeaway I had was how much teamwork can take place for one patient in a short amount of time. This scenario was not even over a full day and there were a lot of team members needed to help take care of the patient and it was interesting to see how they all came together to help each other. When you are actively helping it can be easy to miss so seeing it from an outside perspective really put it into place that even if you do not actively see everyone there are a lot of people who go into the care of one person.