

Nursing Problem Worksheet

Name: _____

<p style="text-align: center;">Anticipated Patient Problem</p> <p style="text-align: center;">and</p> <p style="text-align: center;">Goals</p>	<p style="text-align: center;">Relevant Assessments</p> <p style="text-align: center;">(Prewrite) What assessments pertain to your patient's problem? Include frequencies</p>	<p style="text-align: center;">Multidisciplinary Team Intervention</p> <p style="text-align: center;">(Prewrite) What will you do if your assessment is abnormal?</p>
<p>Problem: Impaired gas exchange</p> <p>Reasoning: decreased ability to exhale air leading to CO₂ build up and unable to breathe properly</p> <p>Goal: patients' respirations will be between 12-20/min in the time of my care</p> <p>Goal: patient will be able to teach back and demonstrate how to effectively cough and breathe to expel more air during my time of care</p>	<p>Assess patients' respirations every hour during my time of care</p>	<p>Reteach deep breathing and methods to effectively expel air out of lungs every hour when respirations are above 20</p>
	<p>Assess pulse ox every two hours without nasal canula</p>	<p>Continue O₂ protocols with patient and monitor pulse ox with the O₂ every two hours</p>
	<p>Auscultate breath sounds every 4 hours</p>	<p>Encourage IS, deep breathing, splinting when coughing every 4 hours</p>

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
Problem: acute pain in chest/ pleural space Reasoning: barrel chest, inflammation in the lungs, damaged lung tissues Goal: patients pain scale will decrease to a 2/10 during my time of care Goal: patient will be able to rest comfortably as evidenced by closed eyes, baseline HR, BP and O2.	Assess patients pain score every 4 hours	Administer acetaminophen as prescribed for pain
	Assess patients baseline vitals every 4 hours to ensure comfort measures are in place	Direct patient to take deep breathes, focus on decreasing stress, etc every 4 hours
	Assess patients' knowledge of acetaminophen and what to not do when on it every time it is administered	Teach the patient and give written instructions on the medication before administering it