Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Impaired gas exchange	Assess lung sounds prn	Elevate HOB and encourage tripoding
	Assess SpO2 prn	Administer supplemental O2
Reasoning: r/t COPD	Assess knowledge of breathing and coughing exercises.	Teach pt about exercises and have them demonstrate.
Goal: Pt will have an SpO2 between 88-92% or consistent w/ their baseline by the end of my care.		
Goal: Pt will have vesicular and bronchovesicular lung sounds during my care.		

Anticipated Patient Problem and Goals	Relevant Assessments (Prework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prework) What will you do if your assessment is abnormal?
Problem: Acute pain	Assess pain levels prn.	<mark>Administer acetaminophen</mark>
Reasoning: r/t dyspnea and fatigue	Assess comfort of positioning at least twice during my time of care.	<mark>Assist w/ repositioning prn</mark>
	Assess sleep quality from previous night at the beginning of my shift.	Provide period of uninterrupted rest after pain medication administration.
Goal: Pt will report a pain of 3/10 or less on a 0-10 numeric scale by the end of my care.		
Goal: Pt will rest comfortably as evidenced by not having to be in a tripod by the end of my care.		