

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms, digital breast tomosynthesis, 2d and 3d mammography. Biopsy's of lymph nodes.	Women between the ages of 40 to 54 get mammograms every year. Older than 54 can switch to every other year.
Colon	Blood-based tests, stool-based test, visual (structural) exams. Colonoscopy, FIT fecal immunochemical test,	Everyone from age 45 to 75 years old
Prostate	Prostate-specific antigen PSA blood test, Digital rectal exam DRE, prostate biopsy	Males after ages of 50. About 6 in 10 prostate cancers are found in men older than 65. Develops more often in African American men and in Caribbean men of African ancestry.
Cervical	The human papillomavirus HPV test and the Papanicolaou (Pap) test	Cervical cancer screening should begin at age 25 every three years. Ages 25 to 65 should have primary HPV test every 5 years
Lung	Low-dose computed tomography (LDCT) or low-dose CT scan.	For people who have a 20 pack- year or more smoking history, currently smoke or have quit in the past 15 years. Are between 50-80 years old.

