

Alexa

Cancer Screening Recommendations

| Cancer | Screening Test (s) | Recommended for whom, what age, how often? |
|----------|--|---|
| Breast | <ul style="list-style-type: none"> - mammogram - Breast ultra sound - clinical breast exam - self test - MRI | <p>40-44 = mammo once year 45-54 = —↑ 55+ = every other year</p> <p>For women who have BRCA(1)(2) gene, had radiation to chest before 30, have Li-Fraumeni, Cowden, Bandrupan-Rikey-Burkitt Syndrome. & women w/ dense breast</p> |
| Colon | <ul style="list-style-type: none"> - Blood-based test - Stool-based test (Fecal immunochemical) (stool DNA) - Visual exams (colonoscopy) (CT colonography) (sigmoidoscopy) | <ul style="list-style-type: none"> - regular screening @ 45 - 75 every 10 years. - family hx of colorectal cancer - polyps removed from colonoscopy - people who have had radiation to abdomen/pelvic area - people w/ IBS, genetic syndrome |
| Prostate | <ul style="list-style-type: none"> - Prostate-specific antigen (PSA) - @ home PSA blood test - Digital rectal exam (DRE) - Imaging for prostate gland - prostate biopsy | <p>50 - Average risk - 2 yrs PSA 45-49 - High risk - 1 yr PSA</p> <p>Older than 65, African/Caribbean, Family hx of prostate cancer, BRCA(1)(2) gene, Lynch syndrome.</p> |
| Cervical | <ul style="list-style-type: none"> - HPV test - Pap smear - cervical biopsy | <ul style="list-style-type: none"> - start @ 20, test every 5 yrs till 65 - females w/ family, BRCA(1)(2), DES, STI's, multiple sexual partners, long use of BC, smoking, HPV |
| Lung | <ul style="list-style-type: none"> - chest Xray - computed tomography (CT) - MRI scan - PET scan - needle biopsy | <p>50-80 y/o - smoke or used to smoke, exposure to second hand smoke, exposure to radon, asbestos, diesel exhaust, Arsenic, Family hx, radiation therapy to lungs.</p> |

- sputum cytology
- bronchoscopy
- endoscopic biopsy
- US
- Lung function test
- low dose CT scan