

### Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	<ul style="list-style-type: none"> <li>• Mammograms</li> <li>• MRI</li> <li>• CT Scan</li> </ul>	<ul style="list-style-type: none"> <li>• After the age of 45 it is recommended to all women to get annual mammograms or other screening.</li> <li>• Women (and sometimes men) who are more specifically at risk (family Hx) should be screened regular from an earlier age.</li> </ul>
Colon	<ul style="list-style-type: none"> <li>• Stool sample to assess for presence of blood.</li> <li>• Colonoscopy</li> </ul>	<ul style="list-style-type: none"> <li>• Pts at risk for colon cancer (family Hx, Crohn's disease, etc.) should begin getting screenings done at 45 or even sooner.</li> </ul>
Prostate	<ul style="list-style-type: none"> <li>• Prostate-specific antigen (PSA) blood testing</li> <li>• Digital Rectal Exam (DRE)</li> </ul>	<ul style="list-style-type: none"> <li>• Pts with prostate glands should be regularly screened at age 40 if they are considered at risk (family Hx)</li> </ul>
Cervical	<ul style="list-style-type: none"> <li>• HPV Tests</li> <li>• Pap Tests</li> </ul>	<ul style="list-style-type: none"> <li>• Starting at age 25 pts should be screened by undergoing HPV tests every 5 years and Pap tests every 3 years. These tests will go until age 65.</li> </ul>
Lung	<ul style="list-style-type: none"> <li>• Imaging (PT scan, CT scan, MRI)</li> <li>• Biopsy</li> <li>• Thoracoscopy</li> <li>• Pulmonary Function Test (PFTs)</li> </ul>	<ul style="list-style-type: none"> <li>• Pts at risk include family Hx and Hx of smoking (typically chronic) but mostly those who have smoked for 20+ years and should be taken into special consideration</li> </ul>

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