

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammogram	<p>40-44 can request mammogram 45-54 annually 55+ biannually</p> <p>** should be regular and routine checks done at home on self for lumps and bumps.</p> <ul style="list-style-type: none"> • Males can have breast cancer as well.
Colon	colonoscopy	45 years old, continue 'regular' screenings per doctor recommendation
Prostate	PSA blood test w/ or w/o rectal exam	Men- 50+ or 45+ African Americans with family history of a family member younger than 65.
Cervical	HPV test	25-55 women, every five years
Lung	Low dose CT	50-80 for smokers (current or past) or have a history of 20+ packs