

Cancer Screening Recommendations

| Cancer | Screening Test (s) | Recommended for whom, what age, how often? |
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| Breast | Mammograms Breast ultrasound Breast MRI Newer and experimental breast imaging tests | All women are recommended to get tests done -mammograms: 40 and 44 -women 45-54 should get a mammogram every year -women 55 and older can switch to every other year as long as in good health |
| Colon | -Blood based tests -stool based tests -visual (structural) exams | All individuals are recommended to get tested regularly starting at the age of 45 -when you get to age 85 you no longer need to get colorectal cancer screenings |
| Prostate | PSA blood test Digital rectal exam | All men are recommended starting at age 40-50. You should be tested every year or every two years based on your test results |
| Cervical | HPV test Pap test | Testing should begin for females at the age of 25 and every five years till you turn 65. |
| Lung | Chest x ray CT scan MRI scan PET scan Bone scan | Recommended for females and males aged between 50-80 years old to get yearly screenings or if you have at least a 20 pack year history of smoking |

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