

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
 - a. The ability to understand and use information to maintain good health

2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - a. Perceived need- Talking with a client about what health problems they are having

 - b. Progress from known to unknown- A client describing what they know about an illness based off another family member having the same or a similar illness

 - c. Active participation- Having a client demonstrate how to draw up a dose of insulin

3. State at least 3 methods of teaching mentioned in the video.
 - a. One on one teaching

 - b. Group teaching

 - c. Internet Sources

4. Why are written materials recommended in teaching clients?

Having the written materials will give the client something to refer back to if they forget the information that was taught to them.

5. What types of tips should you remember when presenting data to a client?
 - a. Be very clear with the information you are presenting and avoid use a lot of medical terminology

6. Which of the following does the video recommend when presenting numbers to our clients?
 - a. 5 in 100

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- b. 5%
- c. Rare