

Alexa Dolan

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

- Describe health literacy in your own words.
 - How people obtain & understand information & services regarding their health & decisions regarding their health.
- Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - Perceived need → patients needing to understand how they can better themselves for their illness
 - Progressed from known to unknown → connecting known information to better understand unknown.
 - Simple to complex → start w/ info that is easy to understand, then progress into more complex topics.
- State at least 3 methods of teaching mentioned in the video.
 - group teaching
 - one on one teaching
 - written materials
- Why are written materials recommended in teaching clients?
 - patients forget when they get home on what to do. written materials help understand what it is they need to complete.
- What types of tips should you remember when presenting data to a client?
 - Avoid being vague, avoid jargon, connect, use empathy, keep it simple.
- Which of the following does the video recommend when presenting numbers to our clients?
 - 5 in 100
 - 5%
 - Rare

ACTIVE LEARNING TEMPLATE: **Basic Concept**

STUDENT NAME Alexa Dolan

CONCEPT literacy skills & consumer educational need

REVIEW MODULE CHAPTER _____

Related Content (E.G., DELEGATION, LEVELS OF PREVENTION, ADVANCE DIRECTIVES)	Underlying Principles	Nursing Interventions WHO? WHEN? WHY? HOW?
Health literacy →	Patients understanding health information & services to further their knowledge on info.	pt, Educating, they can better care for themselves, teaching.
EBP (Evidence Base Practice)	Shows how evidence & research helps a pt outcomes.	Researcher, nurse, when helping outcomes better research is better care.
PICO (Population, Intervention, Comparison group, Outcome)	Using this is a way to solve problems for a group or a mass pt population.	nurses, a problem arises, to make pt outcome better, by finding a root cause.
Consumer Literacy	Consumers need just as much information as a nurse when conveying teaching knowledge.	consumers, teaching, consumers are at a better understanding by explaining material.