

Cancer Screening Recommendations

| Cancer | Screening Test (s) | Recommended for whom, what age, how often? |
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| Breast | -mammograms -breast ultrasound -breast MRI | -recommended for any male/female Female: most female should start getting tested at 30yrs between 40-44 yrs old have the option of start screening with a mammogram -45-54yrs old should get mammogram every yr -55 and older “can switch to a mammogram every other year, or they can choose to continue yearly mammograms. Screening should continue as long as a woman is in good health and is expected to live at least 10 more years.” |
| Colon | Blood-based tests Stool-based tests every 3yr Visual (structural) exams of the colon and rectum: Colonoscopy every 10yrs -CT colonography (virtual colonoscopy) every 5yrs -sigmoidoscopy | Start regular screening at age 45, both female and male are at risk of colon cancer People who are in good health and have a life expectancy of more than 10yrs should continue regular cancer screening through age 75 People age 76-85 should screen based on a person preference, life expectancy, overall health People over change age of 85 should no longer get colorectal cancer screening |
| Prostate | -Digital rectal exam (DRE) -PSA blood test -Prostate biopsy -Transrectal ultrasound (TRUS) -Magnetic resonance imaging (MRI) -Bone scan/PET scan | -recommended for only males -men should start getting prostate exams depends on the risk factors Avg risk: First prostate exam should be at the age of 50 if they expected to live at least 10 more yrs High risk: men who are a high risk should consider getting their first prostate exam at age 45 Very high risk: recommended to get tested at age 40 |
| Cervical | -colposcopy -colposcopic biopsy -cone biopsy -cystoscopy, proctoscopy, and examination under anesthesia -MRI's | <ul style="list-style-type: none"> - Men and female are at risk of cervical cancer however its most common in women - Age 21-29: recommendation for 1st cervical test - Age 30-65 should get recommended every 3yrs - Age 65 and older doctors may recommend stopping screening if you have normal test results. |

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| Lung | -chest x-ray -CT scan -MRI -Positron emission tomography -Bone scan -bronchoscopy -endobronchial ultrasounds | <ul style="list-style-type: none">- People who have smoked a 20-pack yr smoking history can get scanned at age for 50-80yrs old- People who currently smoke or have quit |
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