

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
 - a. Knowledge that individuals have to process and understand basic health information and services to make decisions.

2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - a. Immediate feedback is where the nurse gives immediate response to clients' action. It helps a learner deepen their understanding. Ex: Show the patients the correct way immediately after they have trouble figuring it out.

 - b. Simple to complex is an approach where the nurse begins teaching the patient the most basic concepts to build a strong foundation, then to advanced concepts. Ex: Teach the patient from the most basic like clean how to clean their hand properly to take care of their wounds.

 - c. Progress from known to unknown is make connections to things they already know like part of their illness to the new disease process that we are in the process of teach our patients about. Ex: Connect how flu symptoms similar to COV 19 symptoms but more severe.

3. State at least 3 methods of teaching mentioned in the video.
 - a. Written materials

 - b. Group teaching

 - c. Internet resources

4. Why are written materials recommended in teaching clients?
 - a. Because patients after they leave the hospital, they are going to forget a lot of what you taught them. Patients can take the written materials back home to refer back the materials.

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5. What types of tips should you remember when presenting data to a client?
 - a. Keep it simple, use empathy, connect with patients.

6. Which of the following does the video recommend when presenting numbers to our clients? B
 - a. 5 in 100
 - b. 5%
 - c. Rare