

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Communication Day 3 Class Prep Worksheet**

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
  - a. Health literacy is different from literacy when talking to a patient or anyone who do not expect that they already know basic understanding of a problem or any medical terms. Must be mindful of their knowledge since it can lead to miscommunication/misunderstanding
  
2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
  - a. Perceive need: we need to connect to the perceive need such as their medical problem.  
  
An example would be a patient who has arthritis and has been experiencing pain. In order for their pain, we are able to give them acetaminophen and the patient will learn that they are able to take a specific dose of acetaminophen.
  
  - b. Simple to complex: this is where you start with the simple to complex. You don't want to go straight into the problem. Such as when having a patient with a heart problem, you wouldn't go straight into showing coronary arteries because the patient would be clueless, you would have to first explain the problem such as symptoms then slowly dive into explaining the picture.
  
  - c. Reinforce feedback: reinforce feedback that effects an action  
A client is learning how to draw insulin however you notice the way they drew up the insulin and got air in it you would give feedback to reinforce to not to do that behavior again because of the effect
  
3. State at least 3 methods of teaching mentioned in the video.
  - a. One-on-one teaching: helpful for patient to understand
  
  - b. Written materials: helpful for patients to look back too
  
  - c. Internet resources: helpful for patient to refer and look up answers that they might have
  
4. Why are written materials recommended in teaching clients?
  - a. Written materials are recommended because it is easily accessible for patients to look back at the information/ they have something physical to hold and read.

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5. What types of tips should you remember when presenting data to a client?
  - a. 1 tip I would remember when presenting data to a client is using terms that many individuals are capable of understanding and make it easier.
  - b. Making my presentation visible and clear
  - c. Could include a video to make it easier to clients to understand
6. Which of the following does the video recommend when presenting numbers to our clients? 5%
  - a. 5 in 100
  - b. 5%
  - c. Rare