

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms Breast ultrasounds Breast MRI Breast imaging test	Women 40-45 y/o: optional to start screening with mammogram every year Women 45-50 y/o/ should get a mammogram every year Women >55 y/o: can switch to every other or continue annually
Colon	Blood based test Stool based test Visual exams (colonoscopy)	-Screening should start at 45 for all genders -People in good health should continue receiving screening ever 10 years -after 75 y/o it is the clients decision to receive a screening based on their health and prior history ->85 y/o should not receive colon screening
Prostate	Prostate-specific antigen blood test Digital rectal exam	Men 50 y/o at average risk Men 45 y/o at high risk Men 40 y/o at even higher risk
Cervical	HPV and Pap smear	Testing should begin at age 25 in women From 25-65 y/o women should be tested every 5 years After 65 y/o if every screening was normal they should not continue testing
Lung	-Magnetic resonance imaging scan -CXR -Computed tomography scan -positron emission tomography scan -bone scan -needle biopsy	Men and women 50-80 who smoke or used to smoke & 20 pack year history

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