

### Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms Brest ultrasounds Breast MRI Newer and Experimental Breast Imaging Test	Most common in women Option to start mammograms every year starting at 40 Recommended to start getting a mammogram at 45 every year Women 55 and older can switch to every other year as long as they are in good health
Colon	Blood based tests Stool based tests Visual exams (colonoscopy)	People at average risk can start at age 45 to 75 every 10 years People who are increased risk should start screening before the age of 45 depending on risk factors, and receive a colonoscopy every 3 years
Prostate	Prostate- specific antigen blood test Digital rectal exam	Most common in men Men age 50 who are average risk Age 45 at high risk Age 40 for men at even higher risk Retest every 2 years
Cervical	HPV test PAP	For women Starting at age 25 to 65 getting tests every 5 years for HPV test Starting age 21 every 3 years for a PAP
Lung	Chest x ray CT scan MRI PET Bone scan	Can affect anyone Regular chest xrays for people at high risk such as smokers or those exposed to certain chemicals

