

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	<ul style="list-style-type: none"> -Mammogram (most common) -Breast exam -Breast ultrasound -Breast MRI 	<ul style="list-style-type: none"> -Women have the option to get annual mammograms between the ages of 40-45. -After that women 45-55 should get a mammogram every year. -Women age 55 and older can switch to every other year if they wish to. -Anyone who is at higher risk or have found a lump should consider getting tested sooner.
Colon	<ul style="list-style-type: none"> -Stool based tests (~every 3 years) -Colonoscopy (every 10 years) -CT colonography (~every 5 years) 	<ul style="list-style-type: none"> -People at average risk should start getting regular screens at age 45 through 75. -People 76-85 have the option to be screened based on preference -People over 85 no longer should get screened. -People who have an increased risk should talk to their doctor about screening earlier
Prostate	<ul style="list-style-type: none"> -Prostate-specific antigen (PSA) blood test -Digital rectal exam (DRE) -Imaging tests 	<ul style="list-style-type: none"> -Men age of 50 who are at average risk -Men age 45 who are at high risk -Men age 40 who are very high risk -Done yearly for PSA levels 2.5 ng/ml or higher -Done every 2 years for PSA less than 2.5 ng/ml
Cervical	<ul style="list-style-type: none"> -Pap (Papanicolaou) test -Cervical screening -HPV test 	<ul style="list-style-type: none"> -Cervical screening should begin at the 25 -Women 25-65 should get a pap test every 3 years -And every 5 years for a combined HPV and pap test
Lung	<ul style="list-style-type: none"> -Chest X-ray -CT scan -MRI -PET -Bronchoscopy 	<ul style="list-style-type: none"> -Usually only screen for lung cancer if you are having symptoms or are at higher risk -Smoking, family history exposer to carcinogens