

Cancer Screening Recommendations

Cancer	Screening Test (s)	Recommended for whom, what age, how often?
Breast	Mammograms	<p>Recommends yearly mammograms by age 45 and at age 55 women can begin every two years</p> <p>40-44 can begin annual screening</p> <p>Regular mammograms should continue if life expectancy is for 10 years or longer</p> <p>Women with higher risk should be screened earlier and/or more frequently</p>
Colon	Stool-based Tests or Visual Exam of the colon and rectum	<p>Individuals with life expectancy of more than 10 years should get a screening through age 75</p> <p>Individuals who are at high colorectal cancer may need to begin screening at age 45 ie, family hx, Crohn;s disease, ect.</p> <p>This screening is based on overall health and prior screening history</p> <p>Individuals over the age of 85 should no longer get screened</p>
Prostate	Prostate-specific antigen blood tests Digital Rectum Exam	<p>Individuals with prostate glands between the ages of 40-45 who are at high risk for prostate cancer may be offered screening.</p> <p>Individuals usually between 55-70 make individual decisions about being screened and those older than 70 should not get regularly screened.</p>
Cervical	HPV Tests and Pap Tests	<p>Individuals who have a cervix should begin getting screened at age 25 and have a primary HPV Test every 5 years and a Pap Test every 3 years until they are age 65.</p>
Lung	Imaging Tests: X-rays, CT, MRI, PET scans Biopsies, PFT's, Tharacoscopies...	<p>Individuals who meet criterias including ages 50-80 years, have a 20+ year smoking hx,</p>

