

**Mental Health Nursing  
Class Preparation  
Antidepressant Therapy**

**Directions:** Please fill in the blanks and answer the questions in the spaces provided.

1. What is the mechanism by which antidepressant medications achieve their desired effect (regardless of the different physiological processes by which this action is accomplished)?

Enhance the mood of the person

2. For what must a nurse be on the alert with a client who is receiving antidepressant medication?

Suicidal ideation

3. When should a nurse expect a client to begin showing signs of symptomatic relief after the initiation of antidepressant therapy?

Can take a couple weeks

4. Give an example of a tricyclic antidepressant: Amitriptyline

Give an example of an MAO Selegiline

Give an example of an SSRI: Sertraline

5. Describe some common side effects and nursing implications for tricyclic antidepressants.

Side effects – anticholinergic effects, sedation, weight gain, orthostatic hypotension, can be lethal in an overdose

6. Hypertensive Crisis is the most potentially life-threatening adverse effect of MAOIs. Symptoms for which the nurse must be on the alert include: anxiety, sweating, fever, seizures, coma, death, irritability

7. What must be done to prevent these symptoms from occurring?

Must avoid foods or restrict ones high in tyramine like aged cheese, processed meats, beer