

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Communication Day 3 Class Prep Worksheet

Video: <https://www.youtube.com/watch?v=3tVeCjXP7mY>

1. Describe health literacy in your own words.
 - a. An ability to understand information and use the information given.

2. Discuss 3 of the adult learning principles mentioned in the video. Be sure to describe the learning principle and give an example of how it would be used in practice.
 - a. Known to unknown – making a connection to something a patient already knows. One example would be recovering from an injury and connecting it to the new injury.

 - b. Perceived need – a reason to need to know information. A nurse or doctor could go over the medical problem.

 - c. Simple to complex- go from one subject that is simple and then move on to the complex by building off the simple information. Start talking about symptoms and how it can relate to the health issue.

3. State at least 3 methods of teaching mentioned in the video.
 - a. One-on-one teaching

 - b. Group teaching

 - c. Written materials

4. Why are written materials recommended in teaching clients?
 - a. Helpful for patients to take home and review. It is a good aid to go back over the information.

5. What types of tips should you remember when presenting data to a client?
 - a. Being vague, using jargon, connect, use empathy and keep it simple.

6. Which of the following does the video recommend when presenting numbers to our clients?

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- a. 5 in 100
- b. 5%
- c. Rare