Nursing Notes

Initials/Signature: _____HS/ H.Snyder, RN_____   Rm No: _In-class_____

Actual Patient Problem:	Acute Pain	Clinical Reasoning: Fx L humerus, C/o pain L arm, 7/10, "Excruciating, throbbing, constant"			

Actual Patient Problem: *Acute Pain*   **Clinical Reasoning:** *Fx L humerus, C/o pain L arm, 7/10, "Excruciating, throbbing, constant"*

Goal: *Will report pain ≤ 4/10 on a 0-10 numeric scale by the end of my shift*   Met: ☑ Unmet:☐

Goal: *Will maintain arm in sling at all times during my time of care*   Met: ☑ Unmet:☐

Actual Patient Problem: *Ineffective breathing pattern*   **Clinical Reasoning:** *RR 26, shallow, states "It hurts to breathe," pulse ox 92% on RA*

Goal: *RR will be 12-20, normal depth and pattern by the end of my shift*   Met: ☑ Unmet:☐

Goal: *Pulse ox will be ≥ 95% on RA by the end of my care*   Met: ☑ Unmet:☐

In. Br. Pattern	*0730*	*RR 26, shallow, states "It hurts to breathe," pulse ox 92% on RA*	*0815*	*Encouraged Cough and Deep breathe techniques while splinting left ribs with pillow*	*0820*	*Able to return-demonstrate C,DB techniques. Took 3 breaths with coaching. Pulse ox 94% on RA.*
Acute Pain	*1000*	*c/o pain, 5/10, states "it's not as bad as it was, but still hurts." Arm down by side, sling loose.*	*1010*	*Elevated arm to level of heart and re-positioned in sling. Applied ice packs to left arm.*	*1100*	*States "that feels so much better with the ice," reports pain at 3/10. Arm correctly positioned in sling.*
In. Br. Pattern	*1100*	*RR 16, pulse ox 95% on RA*	*1100*	*Encouraged to keep using Cough and deep breathing techniques Q 2 hours while resting in bed*	*1110*	*Verbalized understanding, stated "I just did those before you came in." Able to teach back through demonstration of proper C,DB technique*

Additional Patient Problems:

Patient Problem	Time	Relevant Assessments Indicate pertinent assessment findings.	Time	Multidisciplinary Team Intervention What interventions were done in response to your abnormal assessments?	Time	Reassessment/Evaluation What was your patient's response to the intervention?

Significant Event Documentation: Use the area below to document any significant events that happened during your time of care.