

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: <i>Acute pain</i> Reasoning: <i>Fx L humerus</i> <i>C/o pain, 8/10</i> Goal: <i>Will report pain ≤ 4/10 on a 0-10 numeric scale by end of my shift</i> Goal: <i>Will maintain arm in sling at all times during my time of care</i>	<i>Assess pain characteristics and pain goal Q 4 hours</i>	<i>Administer prescribed Oxycodone for c/o pain Q 4H PRN as ordered</i>
	<i>Assess response to opioid pain management Q administration</i>	<i>Apply ice to L arm Q 1H</i>
	<i>Assess VS (HR, BP, RR) Q 4H</i>	<i>Provide rest periods, dim lights, close door when not in room</i>
	<i>Determine preferred distraction measures, i.e. TV, music, etc. at onset of my care</i>	<i>Provide preferred distraction measures throughout time of care</i>
	<i>Assess arm positioning and sling placement Q 2H</i>	<i>Elevate arm to level of heart with pillows at all times, maintain arm in sling at all times</i>

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: <i>R/F impaired peripheral tissue perfusion</i> Reasoning: <i>Tissue and bone trauma to left upper arm & Swelling in arm</i> Goal: <i>Capillary refill of left fingertips will be ≤ 3 secs during my time of care</i> Goal: <i>Radial pulses will be + 2 & equal bilaterally during my time of care</i>	<i>Assess neurovascular function (pain, pallor, capillary refill, pulses, mobility, numbness) to fingertips Q 2H</i>	<i>Notify physician for any changes in neurovascular condition during my time of care</i>
	<i>Measure arm circumference bilaterally (swelling of L) at beginning of my shift and document</i>	<i>Notify physician for any increase in arm circumference during my time of care</i>
	<i>Assess arm positioning Q 2</i>	<i>Elevate arm to level of heart with pillows at all times</i>
	<i>Assess understanding of risk factors for compromised circulation distal to injury at onset of my care</i>	<i>Educate on risk factors for compromised circulation distal to injury at onset of my care</i>
	<i>Assess use and movement of left arm Q 2 hours</i>	<i>Educate on importance of immobilization as ordered (maintain L arm in sling) once at beginning of my shift.</i>