

**MARGARET H. ROLLINS SCHOOL OF NURSING**  
**N-201 Nursing Care of Special Populations**  
**MENTAL HEALTH NURSING**  
**Class Preparation #2**

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Characterized by a pervasive, persistent, and inappropriate mistrust of others</p> <p>2. Characterized primarily by a profound defect in the ability to form personal relationships</p> <p>3. Resembles schizophrenia. May have characteristics such as illusions, magical thinking, depersonalization, superstitious, and exhibits bizarre speech patterns.</p>	<ul style="list-style-type: none"> <li>- Attempt to establish trust</li> <li>- Keep everything honest with the patient</li> <li>- Set clear, simple explanations</li> <li>- Set limits for behavior on the unit</li> </ul>
<p>Cluster B</p> <p>1. antisocial personality disorder</p> <p>2. borderline personality disorder</p> <p>3. narcissistic personality disorder</p> <p>4. Histrionic Personality Disorder</p>	<p>1. These patients fail to sustain consistent employment or conform to the law. They have the absence of remorse for hurting others.</p> <p>2. Characterized by a pattern of intense and chaotic relationships with affective instability.</p> <p>3. These patients have the sense of entitlements and believe they should receive special consideration. They are envious of others.</p> <p>4. Behavior may be seen as excitable, emotional, colorful, dramatic, and extroverted. It is attention seeking.</p>	<ul style="list-style-type: none"> <li>- Help clarify true feelings</li> <li>- Give positive reinforcement for unselfish behavior</li> <li>- Provide support</li> </ul>
<p>Cluster C</p> <p>1. Dependent Personality Disorder</p> <p>2. Avoidant Personality Disorder</p> <p>3. Obsessive-compulsive disorder</p>	<p>1. characterized by a pattern of relying on others for emotional support</p> <p>2. Characterized by extreme sensitivity to rejection and social withdrawal</p> <p>3. Characterized by inflexibility about the way in which things must be done. Devotion to productivity at the exclusions of personal pleasure.</p>	<ul style="list-style-type: none"> <li>- Set limits on patient behavior</li> <li>- Have consistency among all staff</li> <li>- Have discussions with family members</li> <li>- Identify triggers</li> <li>- Teach coping skills</li> <li>- Create a therapeutic relationship</li> <li>- Encourage the client to talk about their feelings</li> </ul>