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N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<ol style="list-style-type: none"> 1. Paranoid Personality Disorder can be characterized by a person who is persistent and has an exaggerated mistrust of other individuals. These individuals always assume someone is stealing/ using them and are trying to deceive them or hurt them. 2. Schizoid Personality Disorder is characterized by an individual who has trouble or the inability to form personal relationships with others. 3. Schizotypal Personality Disorder is characterized by resembling Schizophrenia. Common characteristics or symptoms of this disorder is the individual tends to behave in a bland manner. They tend to have magical thinking and have frequent illusions. 	<ul style="list-style-type: none"> • Attempt to establish the individual's trust • Maintain professionalism • Be Honest with client always • Give client clear, simple explanations • Set limits/ boundaries with client
<p>Cluster B</p> <p>1. Antisocial Personality Disorder</p> <p>2. Borderline Personality Disorder</p> <p>3. Narcissistic Personality Disorder</p> <p>4. Historic Personality Disorder</p>	<ol style="list-style-type: none"> 1. Antisocial personality disorder is characterized by an individual failing to sustain a consistent employment. These individuals love to manipulate peers for personal gain. They consistently disregard the feelings of others, while violating their rights. Usually, those who suffer from this disorder have no remorse if hurting others. 2. Borderline Personality Disorder is characterized by a client who has a pattern of intense and chaotic relationships that are unstable. These individuals tend to be perceived as highly impulsive, having chronic depression, issues abandoning peers and others, with chronic feelings of emptiness. 3. Narcissistic personality disorder individuals are known to have a sense of entitlement. They tend to believe they should receive special treatment. They are very envious of peers and others. They can exploit others to fulfill their own needs while lacking empathy. They usually have splitting and tantrums. 4. Historic Personality disorder is characterized by someone who is deemed to be very emotional, colorful, dramatic. Other peers can deem them to be extroverted with gregarious personality. They are attention-seeking and can exaggerate their personality. Often they present inappropriate behaviors such as being seductive and manipulate for self-gain. 	<ul style="list-style-type: none"> • Give the client positive reinforcement for unselfish behaviors • Keep ALL communications & interactions professional with client • Provide support to the client when in distress • Help the client to clarify their true feelings • Assess the client for suicidal ideation

<p>Cluster C</p> <p>1. Dependent Personality Disorder</p> <p>2. Avoidant Personality Disorder</p> <p>3) Obsessive- compulsive disorder</p>	<ol style="list-style-type: none">1. Dependent Personality Disorder can be characterized by an individual who has a pattern on relying on someone for emotional support. They hate being alone. For instance, if they get out of one relationship, they move on fast to another.2. Avoidant Personality disorder in an individual can look like someone who is extremely sensitive to rejection and tends to socially withdrawal from others. These individuals are usually socially awkward. They often desire close relations but always avoid them due to fear of rejection. They can be viewed as timid, withdrawn, and are often lonely.3. Obsessive- compulsive disorder in an individual is characterized by an individual who is not flexible in the way things should be done. The often are stuck on doing things a certain way. These individuals are usually overachievers and are socially polite.	<ul style="list-style-type: none">• Teach the client about role model assertiveness• Maintain a friendly, gentle reassuring approach• Provide the client with structure• Assist client in developing effective coping techniques
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