

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A</p> <p>1. Paranoid</p> <p>2. Schizoid</p> <p>3. Schizotypal</p>	<p>1. Characterized by a pervasive, persistent, and inappropriate mistrust of others. Individuals with this disorder are suspicious of others' motives and assume that others intend to exploit, harm, or deceive them. Ready for any actual or imagined threat. Trusts no one. Constantly tests the honesty of others</p> <p>2. Characterized primarily by a profound defect in forming personal relationships. Failure to respond to others in a meaningful emotional way.</p> <p>3. Resembles schizophrenia. May develop into schizophrenia. Up to 10% commit suicide.</p>	<p>Attempt to establish trust</p> <p>Professional demeanor</p> <p>Be Honest</p> <p>Clear, simple explanations</p> <p>Set limits</p>
<p>Cluster B</p> <p>1. Antisocial</p> <p>2. Borderline</p> <p>3. Narcissistic</p> <p>4. Historic</p>	<p>1. Fails to sustain consistent employment. Fails to conform to the law. Exploits and manipulates others for personal gain. Fails to develop stable relationships.</p> <p>2. Characterized by a pattern of intense and chaotic relationships with affective instability. Fluctuating and extreme attitudes regarding other people. Highly impulsive. Chronic depression. Emotionally unstable. May dissociate under stress. Difficulty controlling anger. Self-destructive. Splitting defense.</p> <p>3. Sense of entitlement. They believe they should receive special consideration. Lack of empathy; exploiting others to meet own needs. Envious of others. Use of splitting, tantrums.</p> <p>4. Behavior is: Excitable & Emotional; Colorful & Dramatic; Extroverted. Overly gregarious, seductive, and manipulative.</p>	<p>Give positive reinforcement for unselfish or other-center behaviors</p> <p>Keep communications & interactions professional</p> <p>Provide support</p> <p>Help clarify true feelings</p> <p>Assess for suicidal ideation</p>
<p>Cluster C</p> <p>1. Dependent</p> <p>2. Avoidant</p> <p>3. Obsessive-Compulsive</p>	<p>1. It is characterized by a pattern of relying on others for emotional support. It is relatively common within the population, and it is more common in women than in men. It is characterized by an intense fear of separation and being alone, a lack of self-confidence, low self-worth, and being easily hurt by criticism and disapproval.</p> <p>2. Extreme sensitivity to rejection. Social withdrawal. Awkward and uncomfortable in</p>	<p>Teach and role model assertiveness</p> <p>Friendly, gentle, reassuring approach</p> <p>Guard against power struggles</p> <p>Provide structure</p> <p>Assist in developing effective coping techniques</p>

	<p>social situations. Desire close relationships but avoid them because of fear of being rejected. Perceived as timid, withdrawn, or cold and strange. Often lonely and feel unwanted. View others as critical and betraying</p> <p>3. Characterized by inflexibility about how things must be done. Devotion to productivity at the exclusion of personal pleasure. Primarily concerned with matters of organization and efficiency. They are typically high achievers.</p>	
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