

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
<p>Cluster A (Weird)</p> <p>1. Paranoid Personality Disorder</p> <p>2. Schizoid Personality Disorder</p> <p>3. Schizotypal Personality Disorder</p>	<p>1. Characterized by a pervasive, persistent, and inappropriate mistrust of others Individuals with this disorder are suspicious of others. Trust no one.</p> <p>2. Characterized primarily by a profound defect in the ability to form personal relationships. Failure to respond to others in a meaningful emotional way. Emotionally cold.</p> <p>3. Resembles schizophrenia. Aloof and isolated, magical thinking, superstitious.</p>	<ul style="list-style-type: none"> ● Attempt to establish trust ● Professional demeanor ● Be Honest ● Clear, simple explanations ● Set limits
<p>Cluster B (Wild)</p> <p>1. Antisocial personality disorder</p> <p>2. Borderline personality disorder</p> <p>3. Histrionic personality disorder</p> <p>4. Narcissistic personality disorder</p>	<p>1. Fails to conform to the law, absence of remorse for hurting others.</p> <p>2. Intense and chaotic relationships with instability. Highly impulsive. Abandonment issues. Chronic emptiness. High suicide rate. Splitting defense.</p> <p>3. Excitable & Emotional Colorful & Dramatic Extroverted, Attention seeking</p> <p>4. Sense of entitlement, believe they should receive special considerations, lack of empathy, splitting</p>	<ul style="list-style-type: none"> ● Give positive reinforcement for unselfish or other-center behaviors ● Keep communications & interactions professional ● Provide support ● Help clarify true feelings ● Assess for suicidal ideation
<p>Cluster C (Worried)</p> <p>1. Avoidant personality disorder</p> <p>2. Dependent personality disorder</p> <p>3. Obsessive compulsive disorder</p>	<p>1. Extreme sensitivity to rejection, social withdrawal, awkward and uncomfortable in social situations. Often lonely and feel unwanted.</p> <p>2. Pattern of relying on others for emotional support. Relatively common. Common more in women. Lack of self-confidence. High level of anxiety</p> <p>3. Inflexibility about the way that things should be done. Tend to be rigid and unbending. Socially polite and formal.</p>	<ul style="list-style-type: none"> ● Teach and role model assertiveness ● Friendly, gentle reassuring approach ● Guard against power struggles ● Provide structure ● Assist in developing effective coping techniques