

MARGARET H. ROLLINS SCHOOL OF NURSING
N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2

Compare the three clusters of personality disorders & nursing interventions for each cluster:

Clusters	Defining Characteristics	Nursing Interventions
Cluster A (no relations) 1. Schizotypal 2. Schizoid 3. Paranoid	<ol style="list-style-type: none"> 1. Pattern of social and interpersonal deficits, reduced capacity for close relationships, odd speech/thinking/beliefs, lack friends, unkempt appearance, strange behaviors, nonadherence to social conventions suspicious of others 2. Pervasive, suspiciousness, distrust, others exploit/deceive them, not share info, hidden meaning into remarks, attacks not apparent to others, can't forgive benign remarks 3. Inability to establish relationships, restricted range of emotions, take pleasure in few things, emotional coldness, indifferent to praise/criticisms, lack of friends/solitary activities, little desire for relationships/sex 	Develop trusting relationships Acknowledge concerns and perceptions of circumstances wo debate or confrontation Respect needs for interpersonal distance
Cluster B(manipulation) 1. Antisocial 2. Borderline 3. Histrionic 4. Narcissistic	<ol style="list-style-type: none"> 1. Violate others' rights, lack of remorse, entitlement, lack for the law, criminal behaviors, irresponsible, reckless, irritability, aggression 2. Difficulty with self-regulation, instability in mood, self-image, damaging impulse, unstable relationships, chronic emptiness, avoid abandonment frantic, intense anger, suicidal behavior, stress, paranoid, dissociation 3. Excessive emotion and attention seeking, physical appearance to draw, emotional shifts and liability 4. Grandiose of self-importance, entitlement, lack of empathy, shallow relationships, always blame others, envious of others 	Developing trusting relationship Avoid use of why questions Maintain interpersonal professional boundaries Give opportunity to describe current stressors Support patient to talk to staff and discuss feelings, assign ½ staff member to minimize splitting behaviors Implement a clear/structured plan of care Behavioral contact Set limits on manipulative behavior Assess own reactions Assess interactions

<p>Cluster C</p> <p>1. Avoidant</p> <p>2. Obsessive Compulsive</p> <p>3. Dependent</p>	<ol style="list-style-type: none"> 1. Hypersensitive to criticism/rejection, avoid situations require socialization, feel inferior, unappealing, fear risk of embarrassment, shy, timid, isolated 2. Preoccupied with rules and details, rigid perfectionism, high achievers, devotion to work exclude pleasure, stubborn, moral/ethics, financially stingy 3. Fear of disagreement, need to be taken care of, clinging, submissive, cant make everyday decisions, lack of self-confidence, others to take responsibility 	<p>Develop trusting relationship</p> <p>Avoid unnecessary power struggles</p> <p>Encourage to assume responsibility for behaviors</p> <p>Initiate collaborative problem solving to facilitate anxiety reduction and improved coping</p> <p>Discuss previous impulsive acts, explore effects on self/others</p> <p>Teach appropriate place to learn</p>
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