

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness?
  - a. Sometimes you do not know they have a mental illness whereas with other people you can kind of tell right away with meeting or just seeing them. Having a mental illness is not a bad thing though even though it may make them act or seem like they are a bad person.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
  - a. I would just talk to them no matter the subject really. While also trying to understand a little bit why they feel the way they do that way we can help them with those feelings. Also letting them know of any resources out there which are available to them so when they need the help, they can get it.
3. What is a Mental Status Examination?
  - a. It is a examination healthcare workers use to determine the state of their patients mental capacity and their behavioral and cognitive functioning.

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

- B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership
- F 2. An attitude of devaluing a person because of a particular characteristic or illness
- D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness
- G 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

H 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

C 7. The identification of clinically significant symptoms that require further assessment and intervention

E 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction