

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?

My perception of an individual with a mental illness is that they're still people they just face harder challenges than others. They need more attention, support and empathy for their daily needs.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?

I would make sure that the client is comfortable and make sure they feel like they're in a safe space. I would say, "Im here to support you through these tough times and ensure that they get better"

3. What is a Mental Status Examination?

A mental status examination is an assessment of a patients cognitive, emotional, and behavioral functioning. A mental status examination helps to evaluate a patients current mental state and identify any psychiatric conditions.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

 B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

 F 2. An attitude of devaluing a person because of a particular characteristic or illness

 D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

 A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

 G 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

 H 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

___C___ 7. The identification of clinically significant symptoms that require further assessment and intervention

___E___ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction