

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness?
  - Someone with a disease who is unable to cope with the stressors of life, which interferes with their ability to achieve satisfaction in their social, occupational and/or physical functioning.
  
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
  - What would you like to talk about today?
  - Where should we start?
  - Tell me what's been going on with you
  
3. What is a Mental Status Examination?
  - An assessment of a patient's mental capacity and functioning both cognitively and behaviorally to help differentiate between mental health conditions.

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

- |                             |                         |
|-----------------------------|-------------------------|
| a. diagnostic overshadowing | e. social distancing    |
| b. patient-centered care    | f. stigmatization       |
| c. screening                | g. suicide prevention   |
| d. SBIRT                    | h. trauma-informed care |

\_\_\_b\_\_\_ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

\_\_\_f\_\_\_ 2. An attitude of devaluing a person because of a particular characteristic or illness

\_\_\_d\_\_\_ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

\_\_\_a\_\_\_ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

\_\_\_c\_\_\_ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

\_\_\_h\_\_\_ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

\_\_\_g\_\_\_ 7. The identification of clinically significant symptoms that require further assessment and intervention

\_\_\_e\_\_\_ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction