

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
An individual that struggles with stressors from internal and external environment that may affect their social and, or physical functioning.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
I would ask the client if they would like to talk about what they're going through and offer support in any way that I could. I would also inform them that I could give them information on counseling services if they would like to talk to someone other than myself.
3. What is a Mental Status Examination?
A mental status examination is an examination that measures the patient's appearance, behavior, speech patterns, overall mood and cognition to determine their behavioral and cognitive functioning.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

- a. diagnostic overshadowing
- b. patient-centered care
- c. screening
- d. SBIRT
- e. social distancing
- f. stigmatization
- g. suicide prevention
- h. trauma-informed care

 B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

 F 2. An attitude of devaluing a person because of a particular characteristic or illness

___D___ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

___A___ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

___G___ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

___H___ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

___C___ 7. The identification of clinically significant symptoms that require further assessment and intervention

___E___ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction