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Class Prep – Fetal Monitoring

Using your textbook (pp. 356-373, 383-385) and the provided PowerPoint, answer the following questions.

1. What are common causes of fetal tachycardia?

   It can be a sign of fetal hypoxemia, or maternal fever or infection

2. What causes late decelerations?

   disruption of oxygen transfer from environment to fetus

3. What causes variable decelerations?

   umbilical cord decompression

4. What is the cause of early decelerations?

   head compression

5. What are accelerations a response to?

   fetal movement

6. What is the normal range for the fetal heart rate?

   110- 160 Bpm

7. What category tracing (I, II, or III) clearly indicates a fetus in distress?

   I → normal

   2 → indertiminate

   3→ abnormal

8. What equipment is used to evaluate contractions with external monitoring?

   toco tranducer and Ultrasound transducer

9. What fetal heart pattern is the most concerning?

   prolonged deceleration

10. What is the most important indicator of fetal status?

    baseline fetal heart rate and how they react to contractions