

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness? Someone who has an illness or scars but you can't physically see the pain they are in
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? What led up in your life to attempt self-harm
3. What is a Mental Status Examination? Assessment of someone's mental status as well as behavioral/cognitive functioning

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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|-----------------------------|-------------------------|
| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |

___B___ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

___A___ 2. An attitude of devaluing a person because of a particular characteristic or illness

___D___ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

___F___ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

___G___ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

___H___ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

___C___ 7. The identification of clinically significant symptoms that require further assessment and intervention

___E___ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people

with mental illness or addiction