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Class Prep – Fetal Monitoring

Using your textbook (pp. 356-373, 383-385) and the provided PowerPoint, answer the following questions.

1. What are common causes of fetal tachycardia?
early hypoxia, asphyxia, anemia, infection, premature

2. What causes late decelerations?
uteroplacental insufficiency

3. What causes variable decelerations?
cord compression

4. What is the cause of early decelerations?
↓ cerebral blood flow

5. What are accelerations a response to?
fetal wellbeing

6. What is the normal range for the fetal heart rate?
110-160 BPM

7. What category tracing (I, II, or III) clearly indicates a fetus in distress?
III

8. What equipment is used to evaluate contractions with external monitoring?
tocodynamometer

9. What fetal heart pattern is the most concerning?
prolonged deceleration

10. What is the most important indicator of fetal status?
FHR