

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?

I feel that mental illnesses aren't talked about nearly enough and that people who suffer from them feel even more isolated and afraid to ask for help due to the negative stigma associated with mental illnesses. I think that mental health should be something that everyone should be educated on and educated on how to help if someone you know suffers from it.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?

I would make the client aware that I am there to listen if they want to talk about anything and ask them how I could support them in a time like this.

3. What is a Mental Status Examination?

A mental status examination is of patients behavioral and cognitive function that includes patients appearance, behavior, level of consciousness, motor/speech activity, mood, and thoughts and perceptions.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

 b 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

 f 2. An attitude of devaluing a person because of a particular characteristic or illness

 d 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

 a 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

 c 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

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h 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

g 7. The identification of clinically significant symptoms that require further assessment and intervention

e 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction