

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Assessment Day 1 Class Prep Worksheet**

1. What is a health assessment?

A health assessment requires a collection of clinical judgement and evaluate data to the patients plan of care.

2. What assessment technique requires observation?  
Formative assessment
3. What type of sounds will you head with the diaphragm of a stethoscope?  
High-pitched sounds
4. When palpating a client, you should use what side of the fingers?  
Finger pads of middle and index fingers.
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.  
False
6. What is percussion?  
Style of examination using tapping for a physical examination.
7. List two tools that can be used for inspection.  
Stethoscope and thermometer
8. What is subjective data?  
Can only be felt and described by patient, measuring pain.
9. What is objective data?  
The physical symptoms that someone else could see and measure
10. True or False: A chief complaint is the clients reasoning for seeking medical care?  
True