

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
Collecting, Clinical judgement, and evaluating data plan to provide adequate patient centered care.
2. What assessment technique requires observation?
Inspection
3. What type of sounds will you hear with the diaphragm of a stethoscope?
High pitch sounds, breath sounds, bowel sounds
4. When palpating a client, you should use what side of the fingers?
Dorsal surface of hands and fingertips
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
False
6. What is percussion?
Tapping the body and seeing what sound is produced as a way to diagnose, usually used by advanced skilled nurses.
7. List two tools that can be used for inspection.
Pen light, and pulse oximeter
8. What is subjective data?
Client's description of themselves usually in their own words.
9. What is objective data?
Data collected by the nurse that's factual, what we can directly observe and assess
10. True or False: A chief complaint is the client's reasoning for seeking medical care?
false