

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?

A health assessment is the collection, clinical judgment, and evaluation of data to plan and deliver patient-centered care while accounting for the client's preferences, goals, and needs.

2. What assessment technique requires observation?

The assessment technique that requires observation is the inspection technique.

3. What type of sounds will you hear with the diaphragm of a stethoscope?

The type of sound you will hear with the diaphragm of a stethoscope is a high-pitched sound such as breath sounds, bowel sounds, and expected heart sounds.

4. When palpating a client, you should use what side of the fingers?

You should use the dorsal surface or back of the hands and fingertips when palpating a client.

5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.

False

6. What is percussion?

Percussion is a tapping of the clients skin with a short, quick motion to determine vibrations and sounds.

7. List two tools that can be used for inspection.

Two tools that can be used for inspection a penlight and a tape measure.

8. What is subjective data?

Subjective data is the patients reason for the visit and the physical symptoms they present with.

9. What is objective data?

Objective data is the nurses observation or measurement of the clients health condition.

10. True or False: A chief complaint is the clients reasoning for seeking medical care?

True