

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Assessment Day 1 Class Prep Worksheet**

1. What is a health assessment?

A health assessment is the collection, clinical judgment, and evaluation of data to plan and deliver patient-centered care while accounting for the client's preferences, goals, and needs.

2. What assessment technique requires observation?

Collecting the objective data requires observation

3. What type of sounds will you hear with the diaphragm of a stethoscope?
4. When palpating a client, you should use what side of the fingers?
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion?
7. List two tools that can be used for inspection.
8. What is subjective data?
9. What is objective data?
10. True or False: A chief complaint is the clients reasoning for seeking medical care?