

**Margaret H. Rollins School of Nursing  
Nursing 201 – Nursing Care of Special Populations  
Equivalents and Formulas**

1. Fill in the equivalents for the following:

- a) 1 mg = **1000** mcg
- b) 1 gm = **1000** mg
- c) 1 Kg = **1000** grams
- d) 1 Kg = **2.2** lbs
- e) 1 lb = **16** oz
- f) 1 liter = **1000** ml
- g) 1 tsp = **5** ml
- h) 3 teaspoons = **1** tablespoon(s)
- i) 1 tablespoon = **15** ml
- j) 1gm = **1** ml

2. If a child weighs 15 pounds, how many kilograms is this child? Round to the nearest tenth place.

$$15 \frac{lbs * 1 kg}{2.2 lbs} = 6.8 kg$$

3. A newborn weighs 3.825kg

a. How many grams is this?  $3.825 \frac{kg * 1000 gm}{1 kg} = 3825 gm$

b. How many pounds and ounces is this?

$$3.825 \frac{kg * 2.2 lbs}{1 kg} = 8.415 lbs ; 8 lbs + 0.415 \frac{lbs * 16 oz}{1 lb} = 8 lbs , 6.64 oz$$

4. What is the formula for drug calculations?

$$\frac{Desired\ amount}{Amount\ on\ hand} * Quantity = Dose$$