

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?

A health assessment involves in clinical judgment, and evaluation of data to plan and deliver patient-centered care while accounting for the client's preferences, goals, and needs. Ensure the client achieving their highest level of health possible.

2. What assessment technique requires observation?

Inspection

3. What type of sounds will you hear with the diaphragm of a stethoscope?

Higher pitched sounds in the lungs, heart, and bowels

4. When palpating a client, you should use what side of the fingers?

Palmar surfaces of the fingers and finger pads

5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope. False

6. What is percussion?

It's a tapping of the client's skin with a short, quick motion to determine vibrations and sounds depending on the underlying structure or organ that is percussed.

7. List two tools that can be used for inspection.

Penlight, Pulse oximeter

8. What is subjective data?

Subjective data is the client's reason, physical symptoms, for visiting the provider.

9. What is objective data?

Objective data is the nurse's observations or measurements of a client's health condition.

10. True or False: A chief complaint is the clients reasoning for seeking medical care? True