

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
Gathered info through interview, physical exam,
↳ observation ↳ obtain subjective ↳ objective data
2. What assessment technique requires observation?
Inspection
3. What type of sounds will you hear with the diaphragm of a stethoscope?
high pitched sounds like breath sounds,
bowel sounds, ↳ heart sounds
4. When palpating a client, you should use what side of the fingers?
The dorsal surface (back side)
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion?
tapping of client's skin with a short ↳ quick motion to determine vibrations ↳ sounds depending on underlying conditions
7. List two tools that can be used for inspection.
a good light source ↳ a source to perform hand hygiene
8. What is subjective data?
words spoken by the client, exact wording with quotations
9. What is objective data?
what you observe, like measurement results, behaviors, ↳ client's condition
10. True or False: A chief complaint is the client's reasoning for seeking medical care?