

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
A health assessment is when the nurse gathers information from a patient through either an interview, physical exam, and observation. As well as obtaining subjective and objective data.
2. What assessment technique requires observation?
Inspection
3. What type of sounds will you hear with the diaphragm of a stethoscope?
Breathe, bowel and heart sounds
4. When palpating a client, you should use what side of the fingers?
Dorsal side/back side
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
False
6. What is percussion?
Tapping of body parts used as part of examination
7. List two tools that can be used for inspection.
Penlight, pulse oximeter
8. What is subjective data?
Subjective data is the patient's reason. Usually their physical symptoms
9. What is objective data?
Objective data is the nurse's observations or measurements of patient's conditions.
10. True or False: A chief complaint is the patient's reasoning for seeking medical care?
True